

Cathy Nicholson Troutman, Lieutenant Colonel (Retired)



NABMW Executive Board Elected Position: Vice President, Military Affairs
Public Relations Officer, March 2021-January 2025

Personal History: A native of Marianna, Arkansas. 1984 graduate of Arkansas State University, Jonesboro Arkansas. BS Degree in Business Data Processing and a Masters in Business Administration. Married to Rich Troutman (since 1989), Army Veteran. Currently resides in Rockville, MD. Served as the Grand Marshal for the City of Rockville, Maryland 2017 Memorial Day Parade. Annual family projects includes collaborating with the DMV Easter seals Programs to provide support to the Homeless Veterans Reintegration Program and the Center for Development and Civil Engagement to collect and donate winter accessories and gift cards for Veterans experiencing homelessness. In addition, provides toiletries packages to their church during the holiday period.

Two daughters: Dr. Michele Troutman Gifford, OBGYN (Pediatric GYN) of Dallas, TX, and Ashley Troutman of Bethesda, MD.

Rank: Lieutenant Colonel

SSI (Officers): 70D/Biomedical Information Systems Officer (BISO)

Military Branch: Army

Time in Service: 1984-2008

Duty Assignments: Served over 20 years as a Medical Service Corps, Biomedical Information Systems Officer in the United States Army serving as Chief Information Officer/Biomedical Information Systems Officer (BISO) at regional medical centers (overseas and stateside), community hospitals, and telemedicine agencies. **Units:** BISO- Healthcare Systems Support Activity, BISO-Walter Reed Army Medical Center; Chief Information Officer-Frankfurt Army Regional Medical Center; Chief Information Officer-Kimbrough Army Community Hospital; Chief Information Officer-Armed Forces Institute of Pathology, Chief Information Officer-Ft Belvoir Regional Medical Center; Clinical Information Officer-Telemedicine Regional Headquarters; Director Biometrics/Chief Information Officer-Walter Reed Army Institute of Research; Research Portfolio Manager-Telemedicine & Advanced Technology Research Center; Deputy Director-Army Surgeon General's Offices for Pharmacovigilance, and the Automated Neuropsychological Assessment Metrics Systems (ANAMS) Program for Mild Traumatic Brain Injuries

Organization/Positions/Assignments in which you were a FIRST (Black): Chief Information Officer, Frankfurt Army Regional Medical Center; Deputy Director-Army Surgeon General's Offices for Pharmacovigilance and the Automated Neuropsychological Assessment Metrics Systems (ANAMS) Program for Mild Traumatic Brain Injuries

Deployments: Africa; Thailand

Awards Include: Order of Military Medical Merits; Joint Meritorious Medal, Meritorious Service Medal, Army Commendation Medal, Army Volunteer Service Ribbon, Overseas Service Ribbon, Army Achievement, Army Physical Fitness, and several Unit Citations; 2000 CFC Campaign Manager of the Year for the National Capital Area. Other accomplishments include:

- 2022: Nominated and selected as the recipient of the Potomac Valley Alumnae Chapter of Delta Sigma Theta Sorority Incorporated Past President Award for outstanding and dedicated service.
- 2019: Inducted as a charter member of the National Association of Black Military Women (NABMW) for the DC, Maryland, and Virginia (DMV) Chapter. Public Relations Officer (2021-2025) and currently as Vice President, Military Affairs (2025-Present).
- 2018: Spotlited for her volunteer work at the Children's Inn at National Institute of Health
- 2017: Served as the Grand Marshal for the City of Rockville 2017 Memorial Day Parade, a representative of service and commitment to country.
- 2015: Inducted into the Lee High School Alumnae Hall of Fame for her scholarship contributions to graduating seniors of Lee High School in Marianna, Arkansas, and her lifetime commitment to service.
- 2013 National Institute of Health (NIH), Office of The Director Honors Award; Numerous NIH Cash Awards, and Time Off Awards
- 2008: Selected as Mother of the Year, Potomac Valley Chapter of Jack and Jill of America, Incorporated. As an active/financial member from 2004-2013: Potomac Valley Chapter of Jack and Jill of America, Incorporated. She served as recording secretary for 7 ½ years, and as a Senior Teen Advisor.

Other Professional Affiliations: Diamond Life Member (since Fall 1981)-Delta Sigma Theta Sorority, Inc.-Potomac Valley Alumnae Chapter (PVAC) Chapter—currently Co-Chair, PVAC's 40th Anniversary Committee; Charter Member, National Museum of African American History; Charter Associate Member, Potomac Valley Chapter of Jack and Jill of America, Inc.; Life Member-Military Officers Association of America; Army Medical Department Silver Caduceus Association. NAACP-Montgomery County; Life Member- Veteran of Foreign Wars; Life Member-Rocks, Inc.; Association of the United States Army; Life Member, Disable American Veteran; Founding Sponsor-National Museum of the US Army. In 2024, she was inducted as a Charter Associate Member of the Potomac Valley Chapter of Jack and Jill of America, Inc., where she serves as secretary. In 2023 she was inducted as a member of the Montgomery County Chapter of Top Ladies of Distinction, where she serves as Web Development Coordinator and Teen Mentor.